

Suggested Use: Adults take 1 to 3 capsules per day, on an empty stomach.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

	Amount per Serving	% Daily Value*
Iron	1.8mg	10%
Foundational Probiotic Blend (8 Billion CFU¹)	305mg	+
Fermented Barley Grass, Fermented Oat Grass, <i>Lactobacillus plantarum</i> , <i>Lactobacillus paracasei</i> , <i>Bifidobacterium longum</i> , <i>Lactobacillus brevis</i> , <i>Bifidobacterium bifidum</i> , <i>Bifidobacterium breve</i> , <i>Bifidobacterium lactis</i> , <i>Lactobacillus acidophilus</i> , <i>Lactobacillus salivarius</i> , <i>Lactobacillus rhamnosus</i> , <i>Lactobacillus casei</i>		
Ionic Plant Based Minerals	290mg	+

* Percent Daily Values Based on 2,000 calorie diet

+ Daily Value not established

¹ CFU count per capsule at time of manufacture

Other ingredients: Cellulose. Contains less than 1% of the following: rice maltodextrin, magnesium stearate (vegetable source), probiotic fermentation cultures.